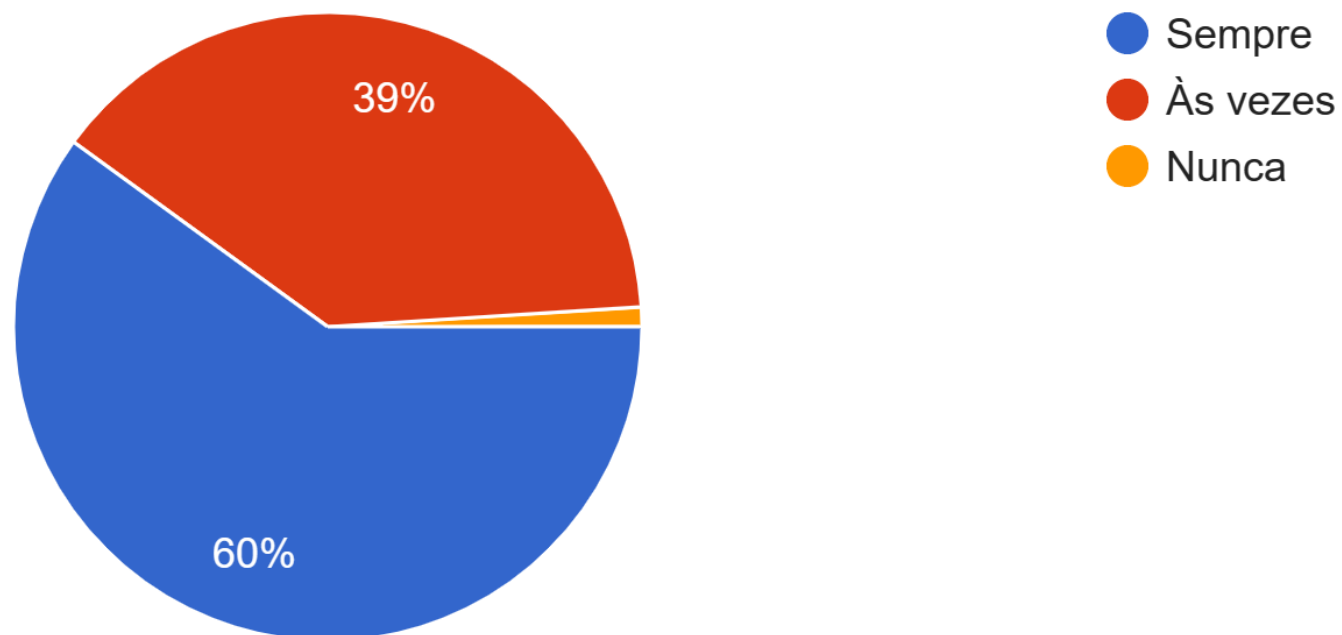


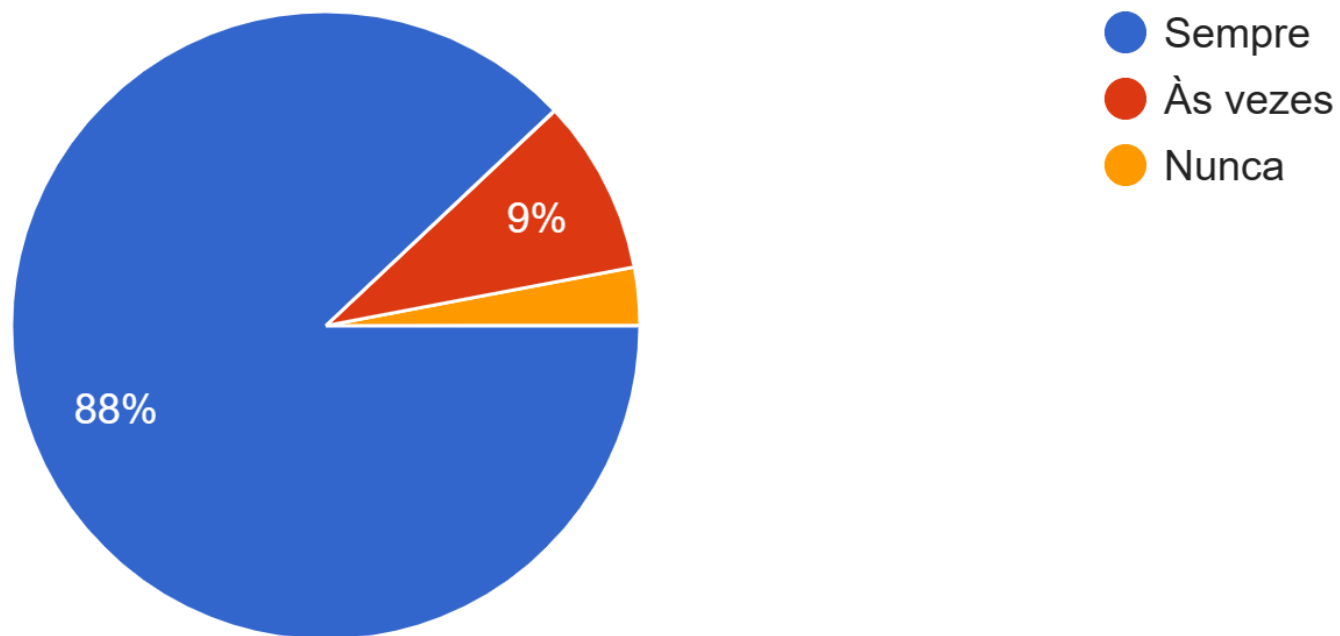
1. Are you looking to reduce waste generation? (e.g. avoid products with a lot of packaging, reuse paper, avoid bags plastic, etc.)

100 respostas



2. In your home, it is customary to separate waste and put it to Recycling at the recycling bin?

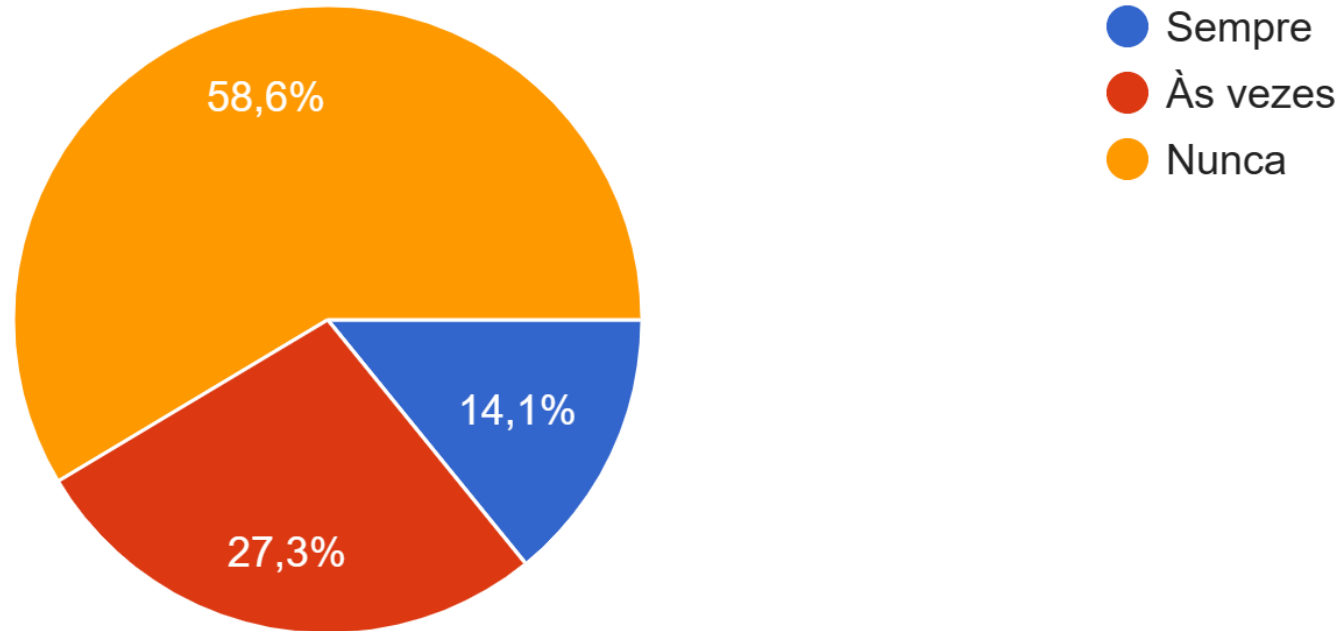
100 respostas



2. Do you compost organic waste in your garden / balcony?

3. Do you compost organic waste in your garden / balcony or vegetable garden?

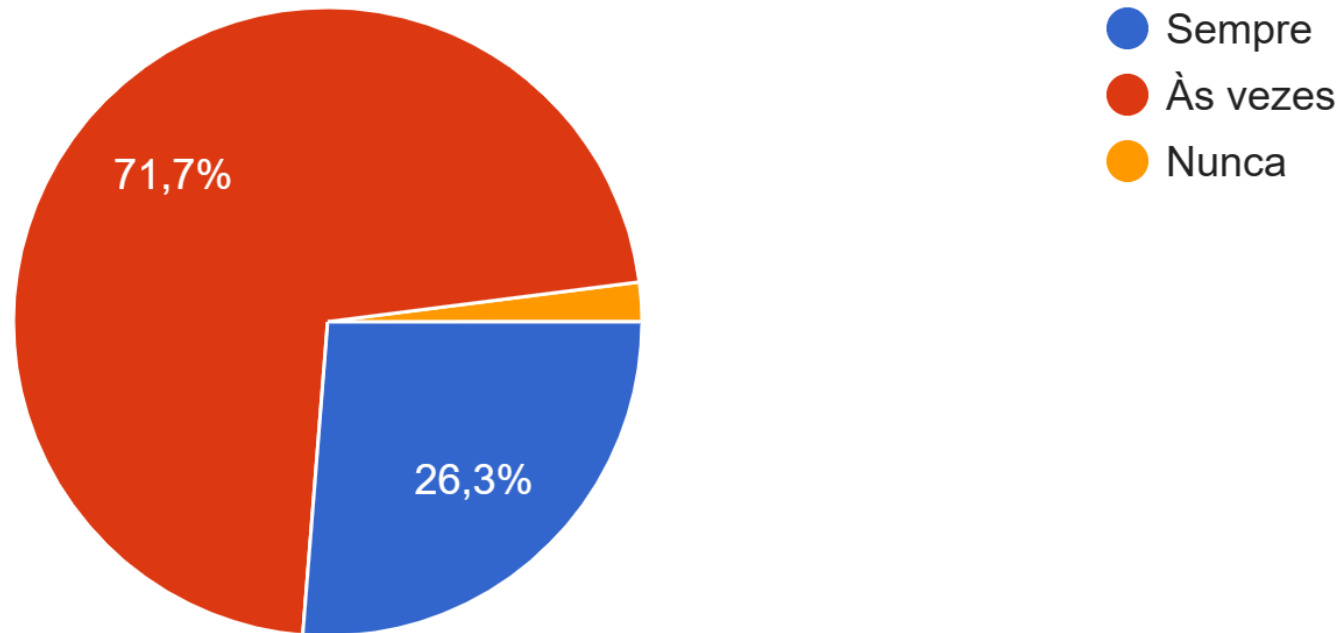
99 respostas



4. Are you looking to buy locally produced food (regional

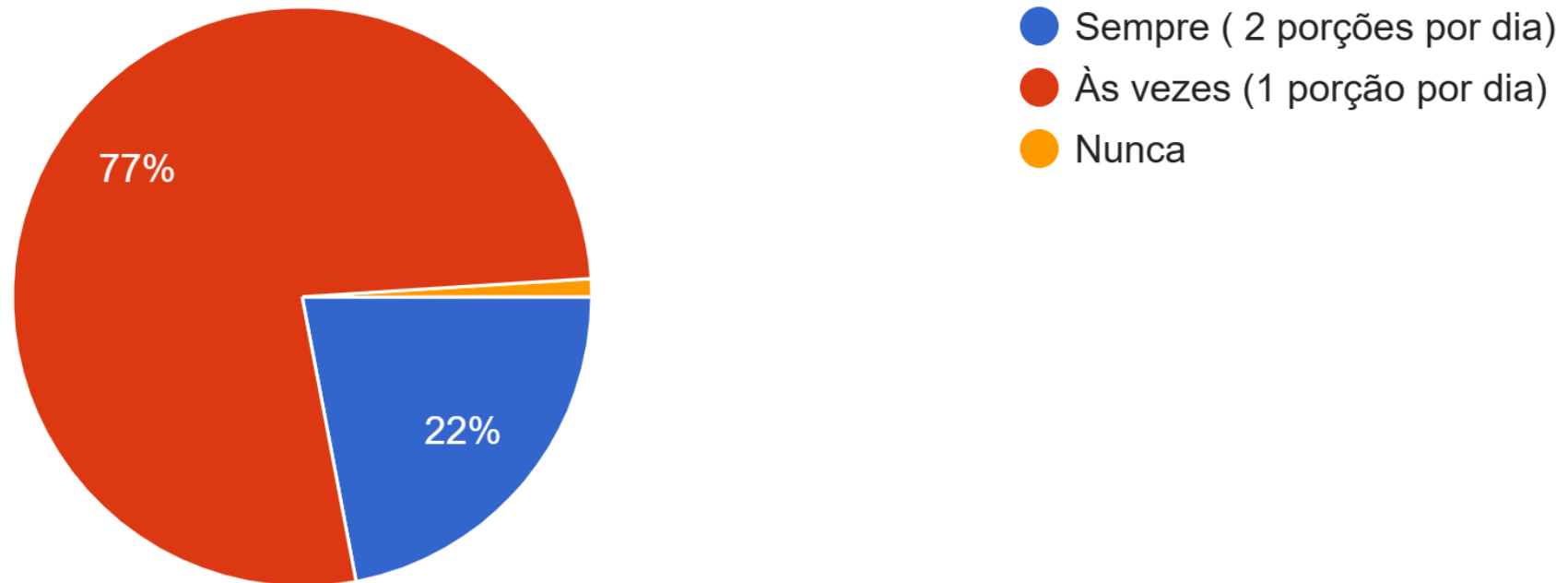
4. Are you looking to buy locally produced food (regional products)?

99 respostas



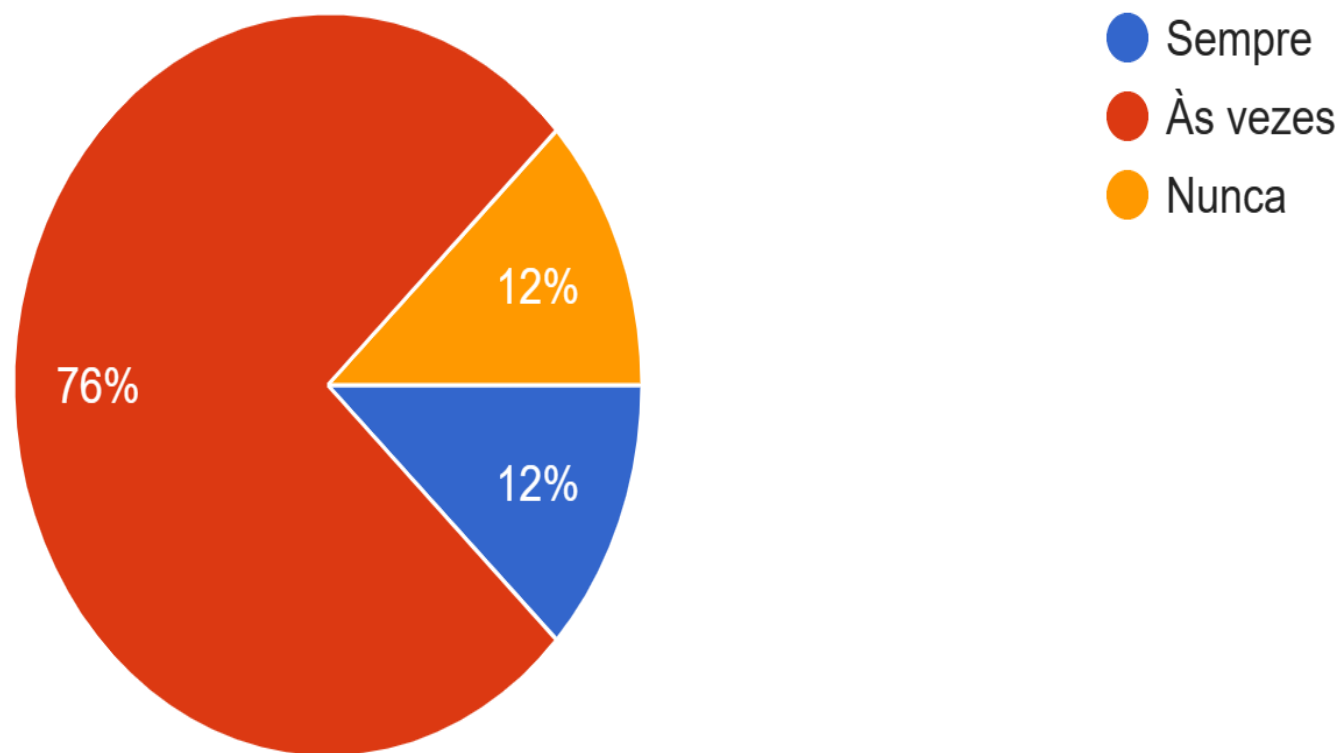
5. How often do you eat animal products (pork, beef, turkey, eggs, etc.) on a weekly basis?

100 respostas



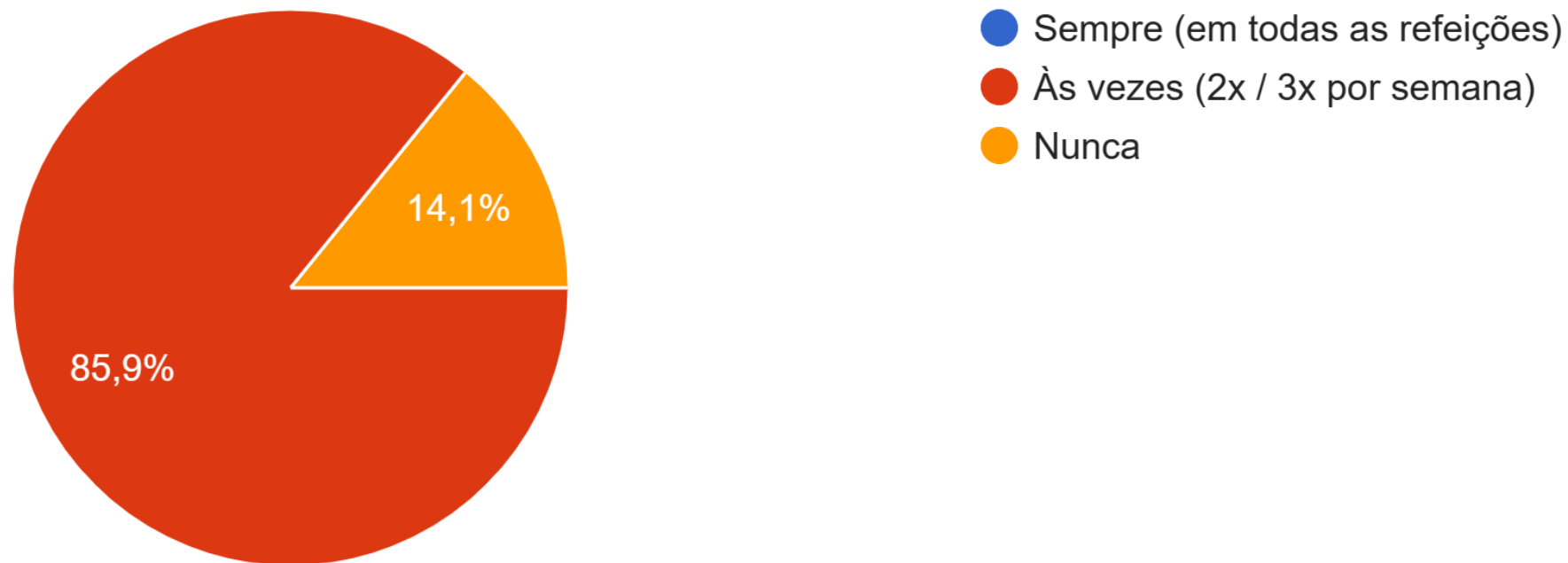
6. Do you have the habit of buying, in the Supermarket or fruit/vegetable markets, organic products?

100 respostas



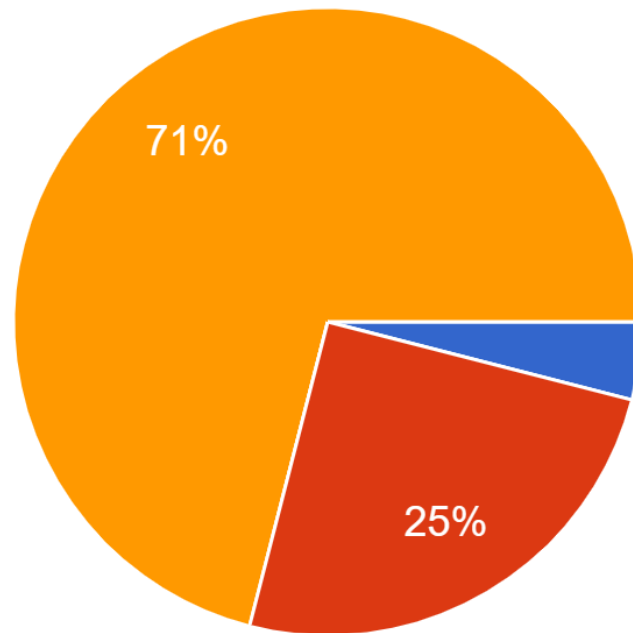
7. How often do you eat fish or shellfish (shrimp, crabs, oysters and mussels)?

99 respostas



8. How often do you consume soft drinks?

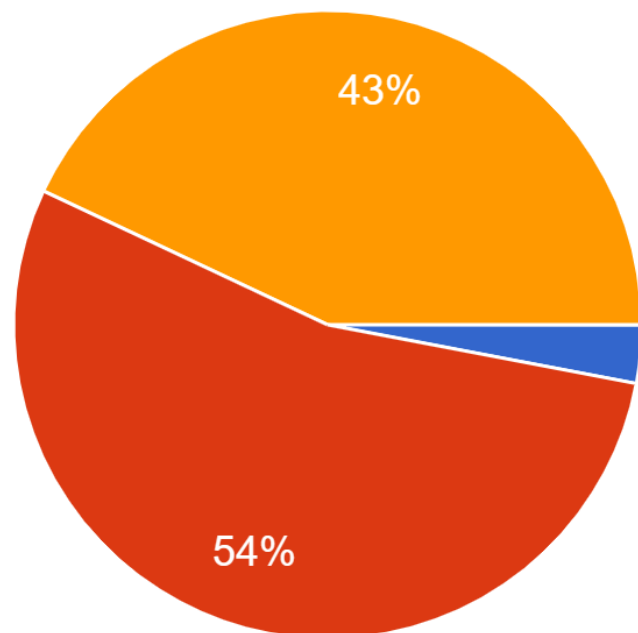
100 respostas



- Sempre (1x por dia ou mais)
- Às vezes (3x por semana)
- Nunca

9. Do you consume ultra-processed or industrialized products (cakes, nuggets, ice cream, packaged potato chips, etc.)?

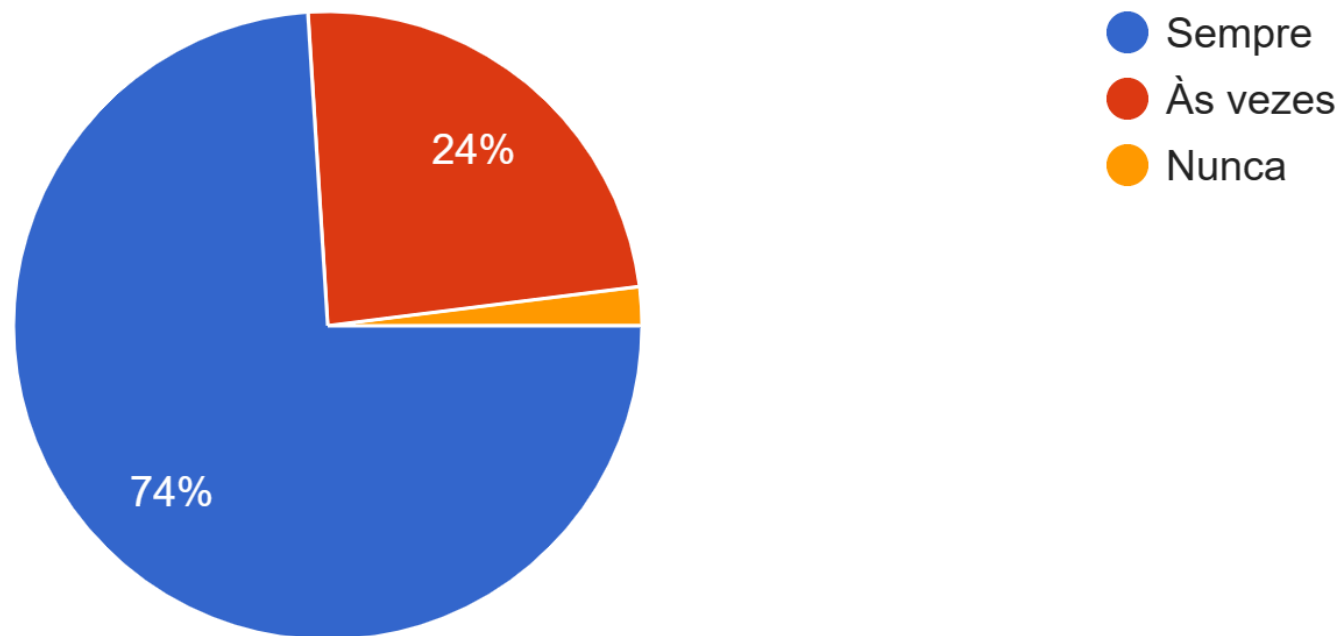
100 respostas



- Sempre (pelo menos 1x por dia)
- Às vezes (2x / 3x por semana)
- Nunca

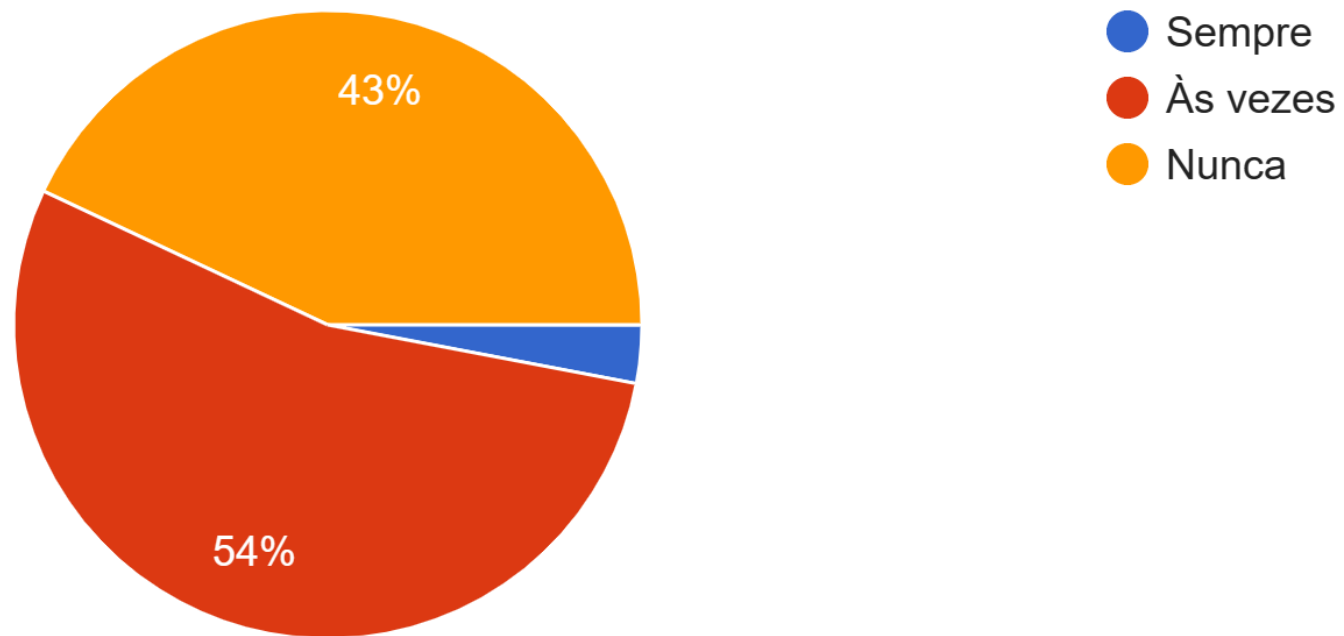
10. Do you use recyclable bags when you go shopping?

100 respostas



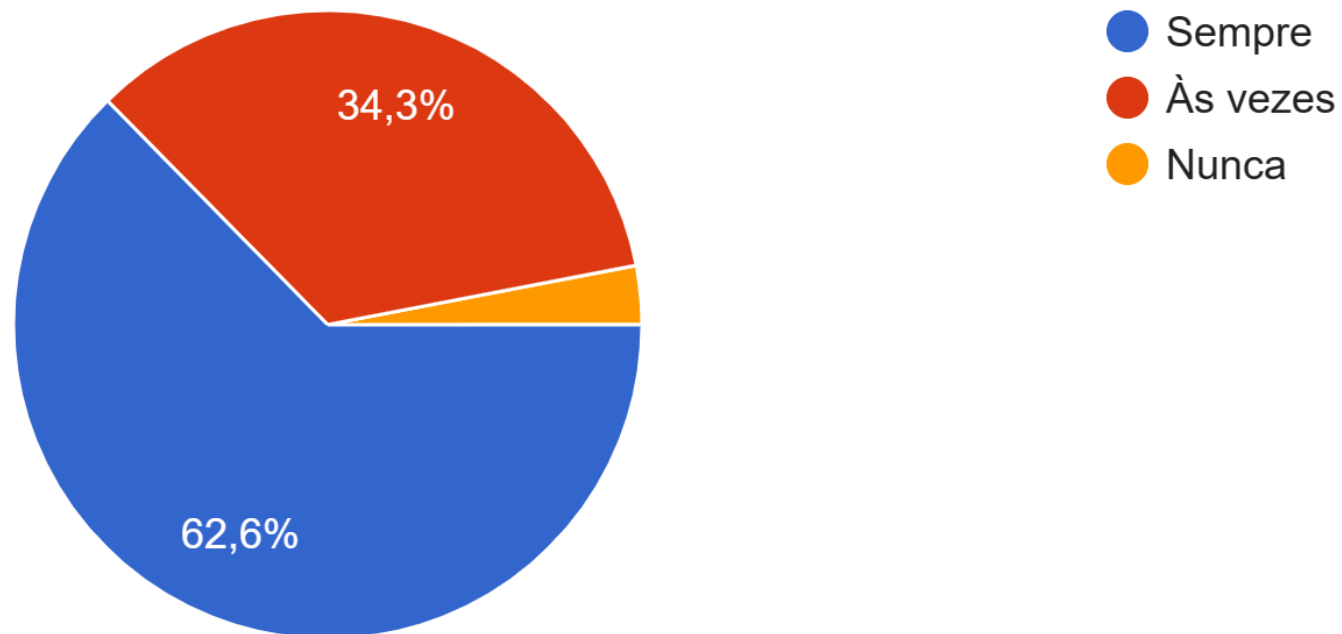
11. Do you prefer to buy clothes with recyclable or second-hand materials?

100 respostas



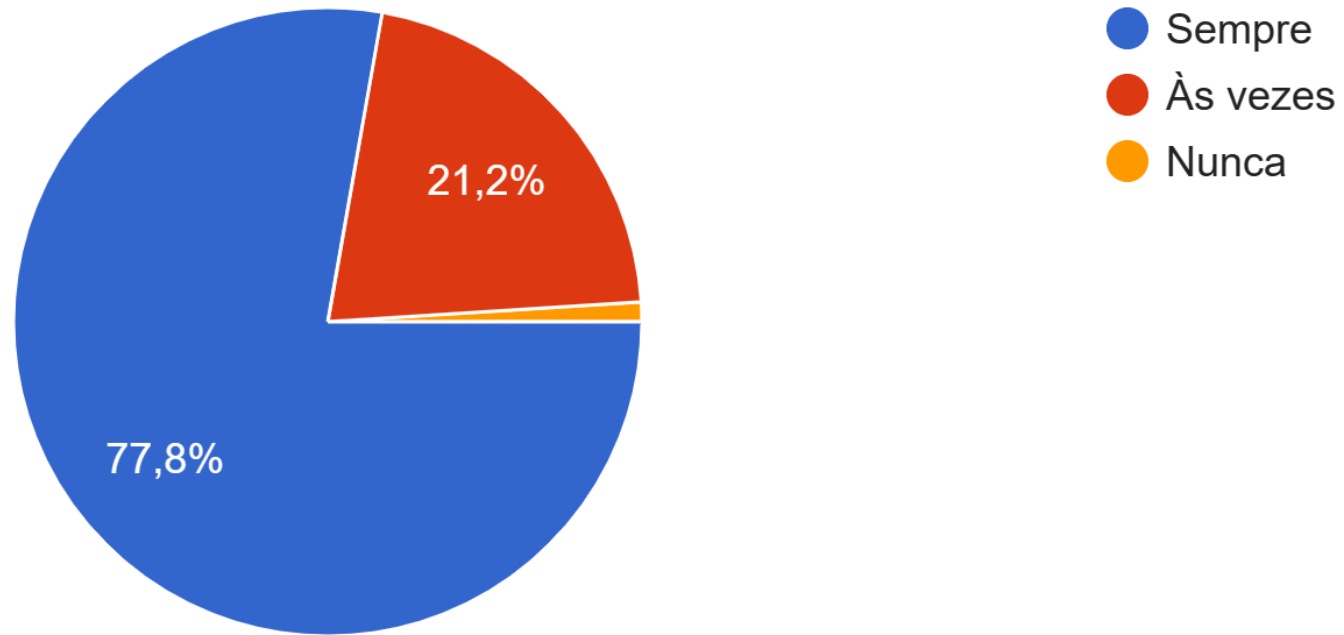
12. When an appliance or electronic appliance breaks down, always try to repair it first. Only buy a new one if you don't have a fix.

99 respostas



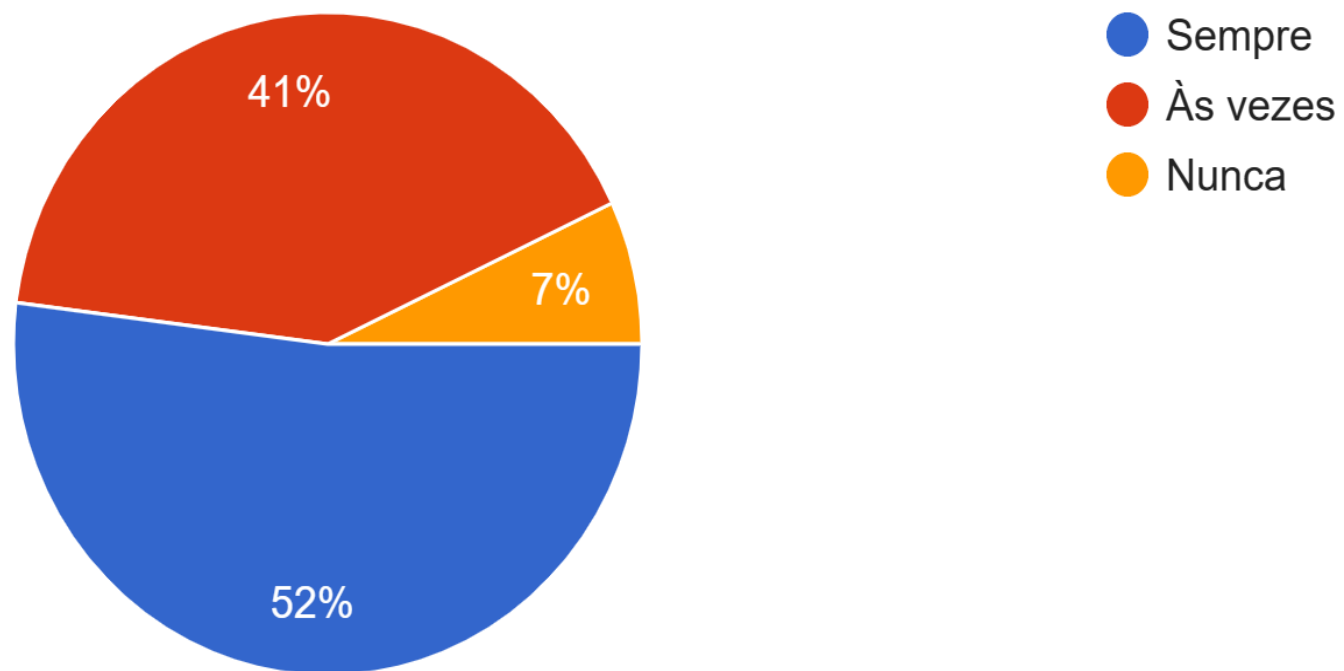
13. Choose energy-efficient appliances.

99 respostas



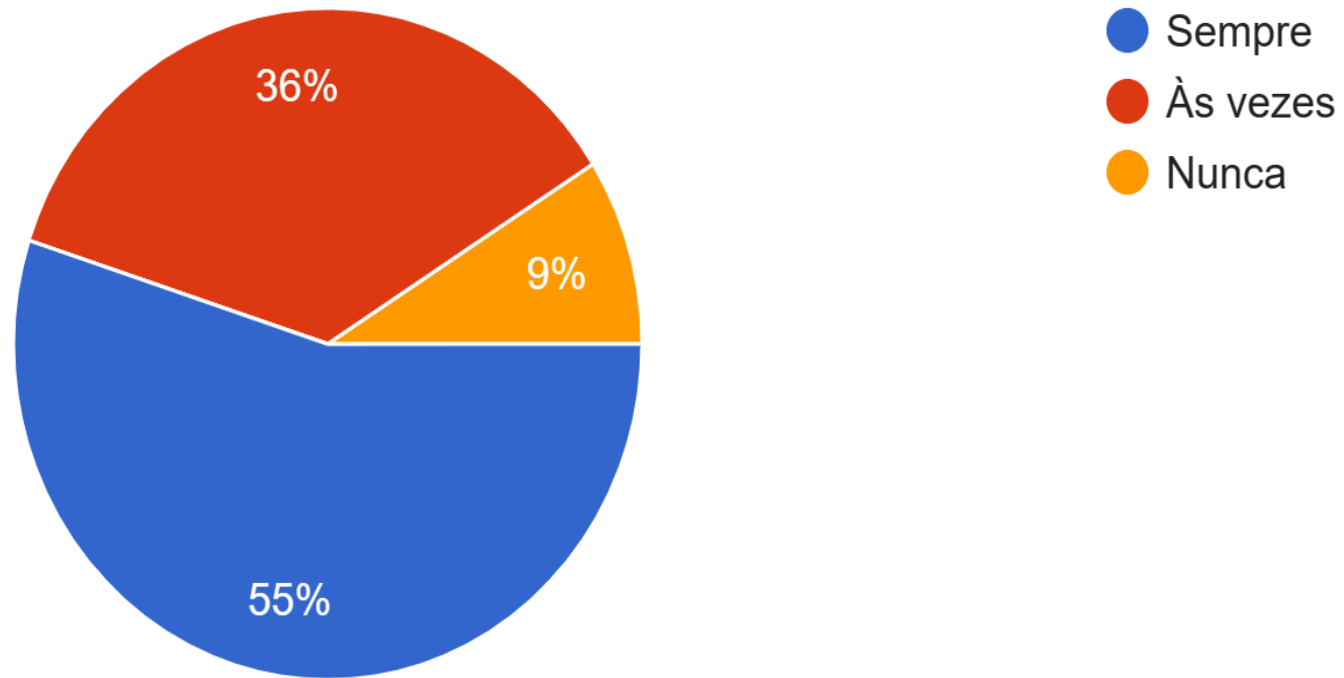
14. Take a shower in less than 5 minutes.

100 respostas



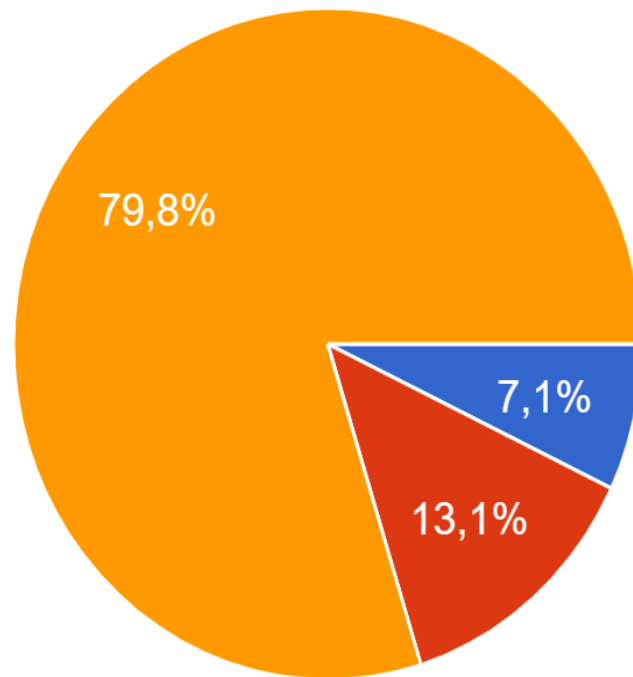
15. To drink water, always use a reusable bottle on a daily basis.

100 respostas



16. How often do you use public transport?

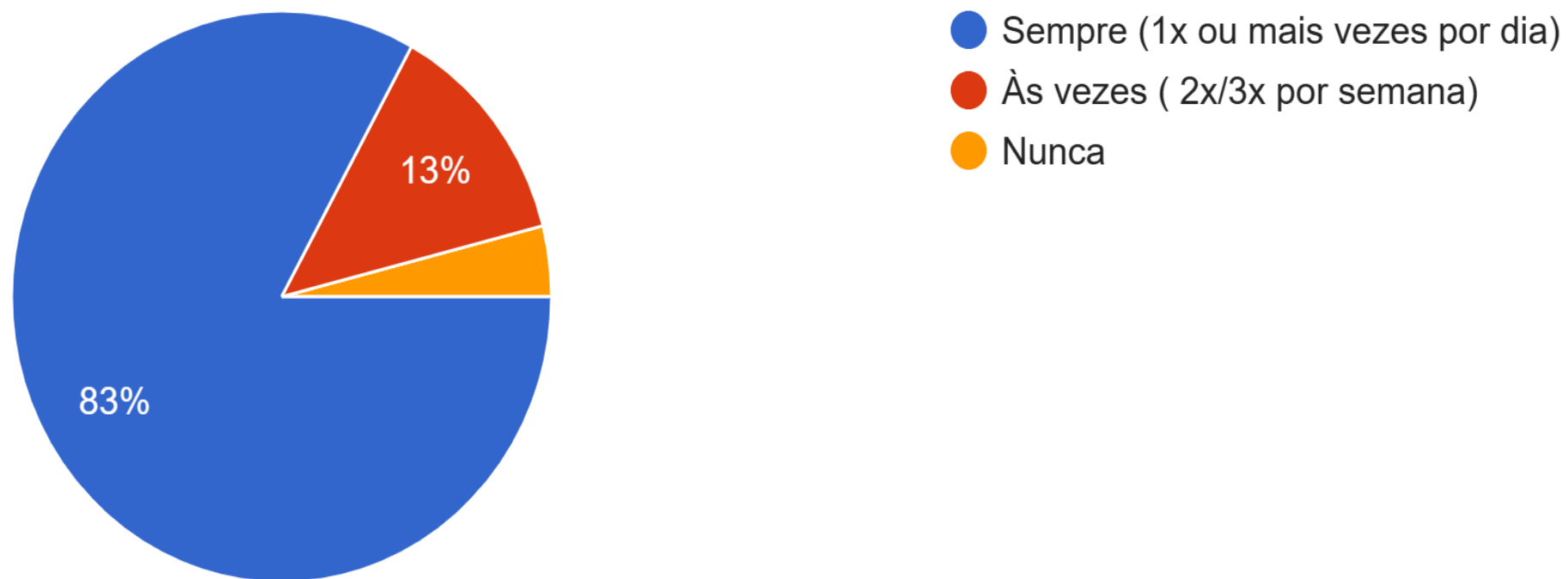
99 respostas



- Sempre (1x ou mais vezes por dia)
- Às vezes (2x/3x por semana)
- Nunca

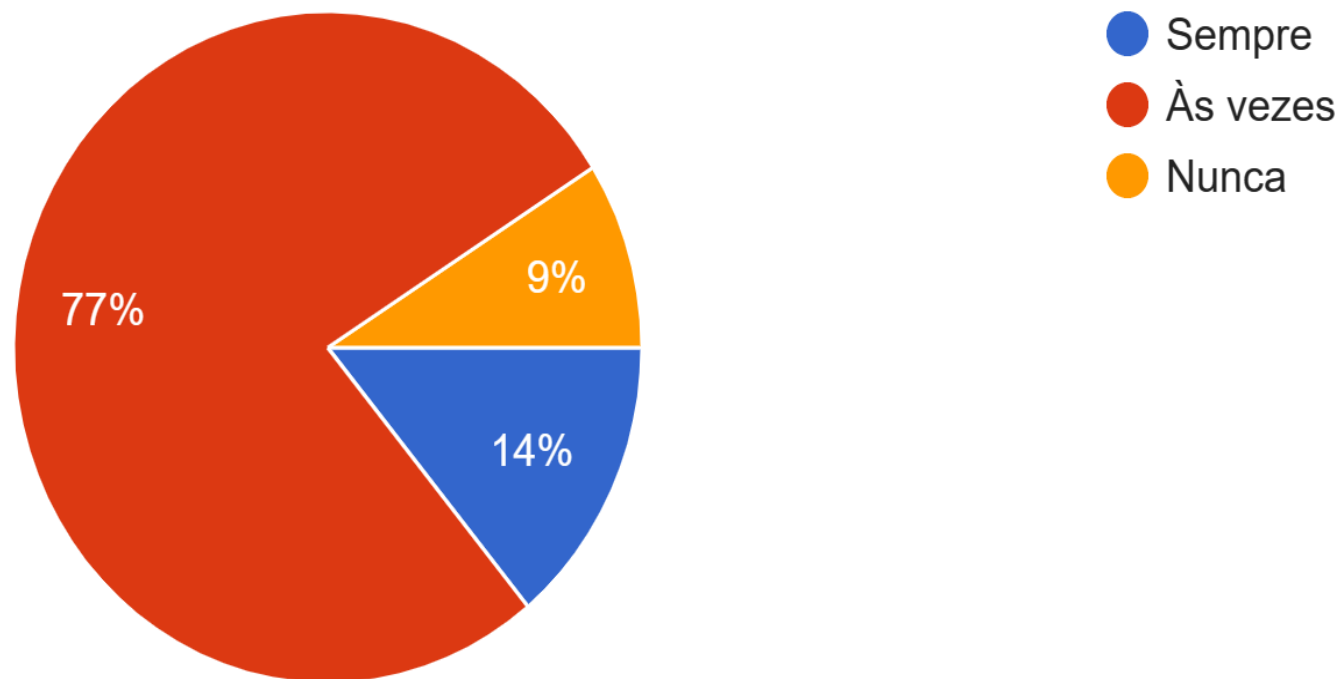
17. Do you have your own vehicle? How often do you use it?

100 respostas



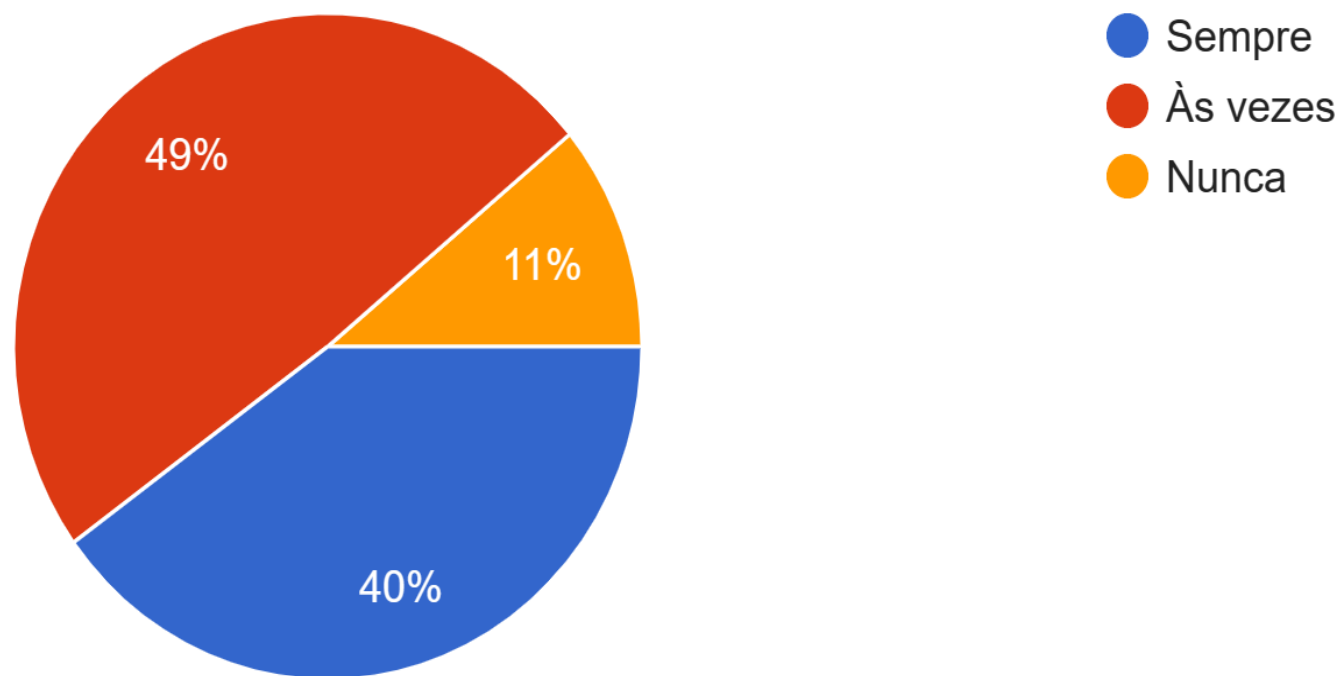
18. Do you prefer walking instead of driving?

100 respostas



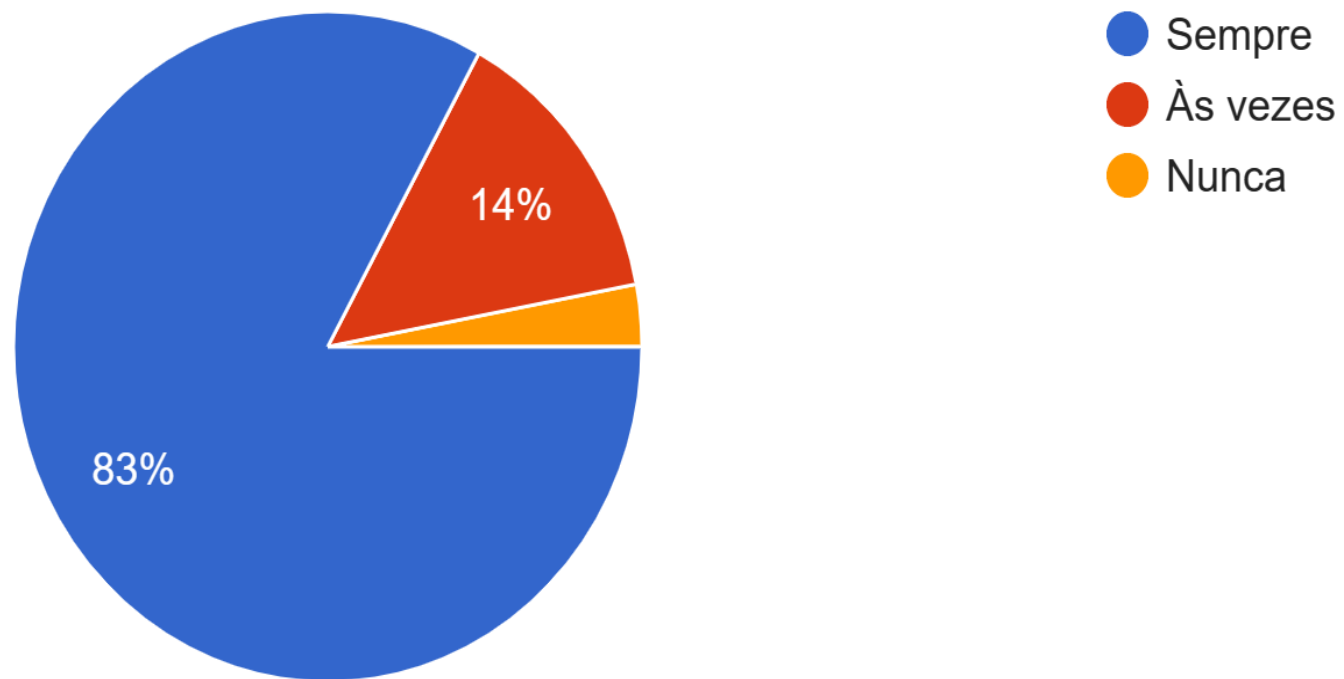
19. If I had the choice, I would prefer to get around on foot or by bicycle on a daily basis.

100 respostas



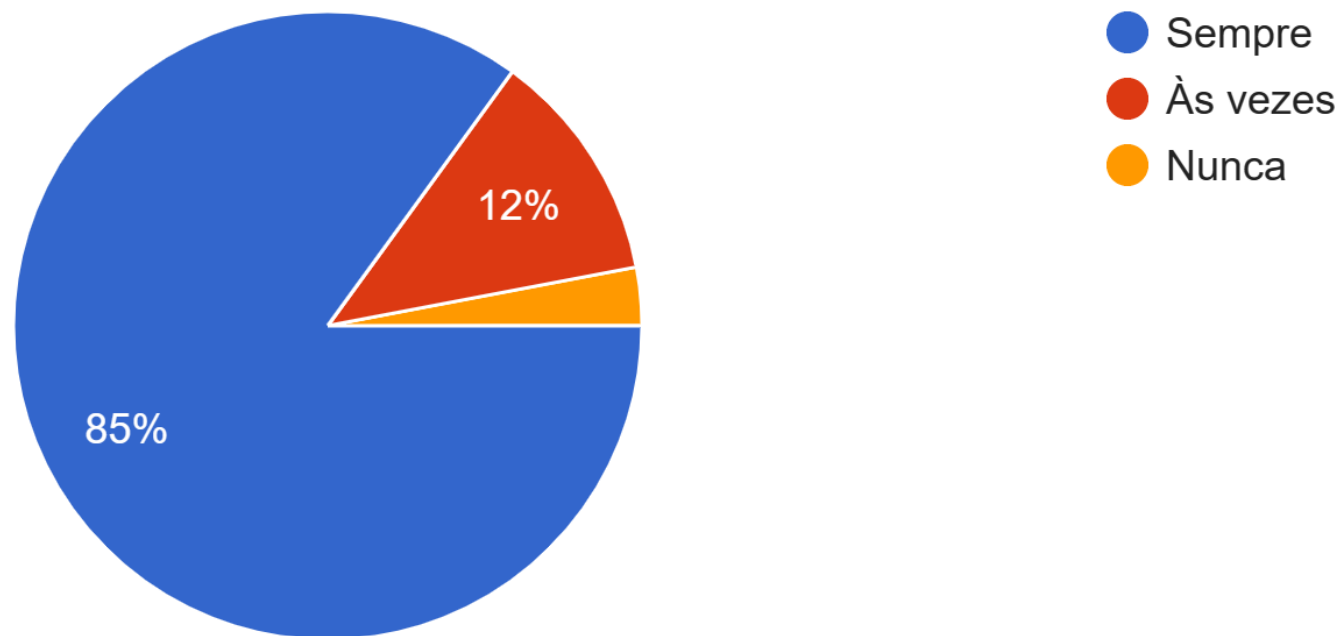
20. Tem preocupação em poupar no consumo de energia na sua habitação?

100 respostas



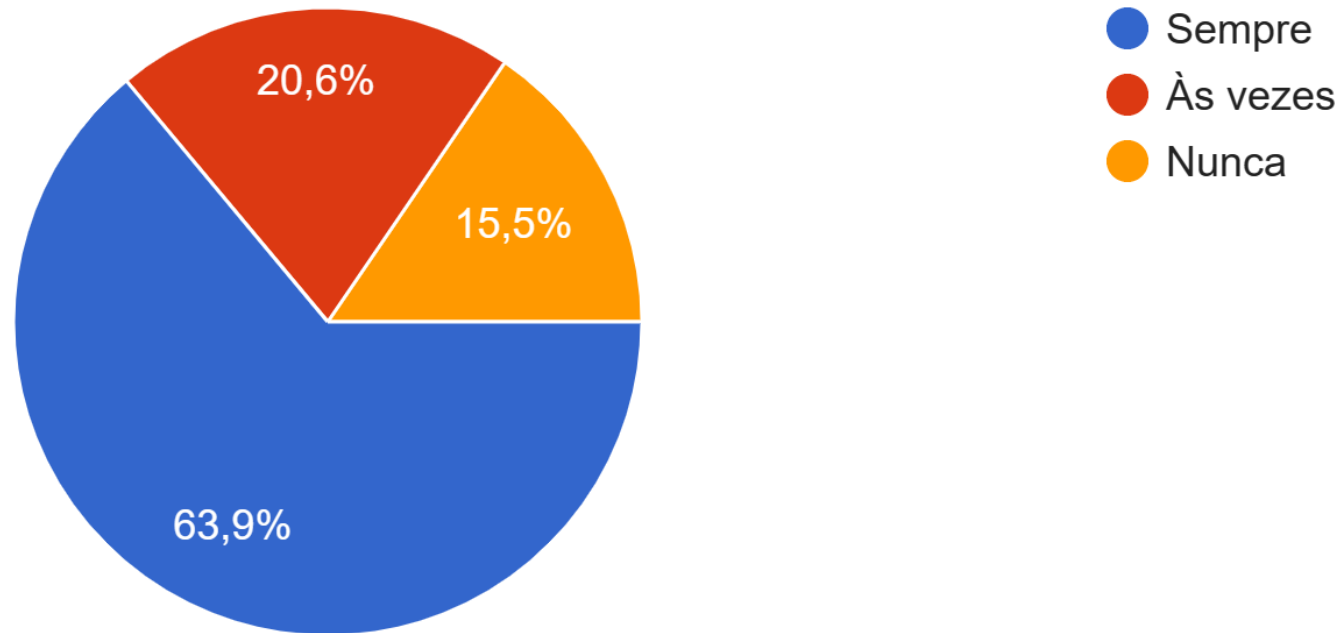
21. Are you concerned about saving on water consumption in your home?

100 respostas



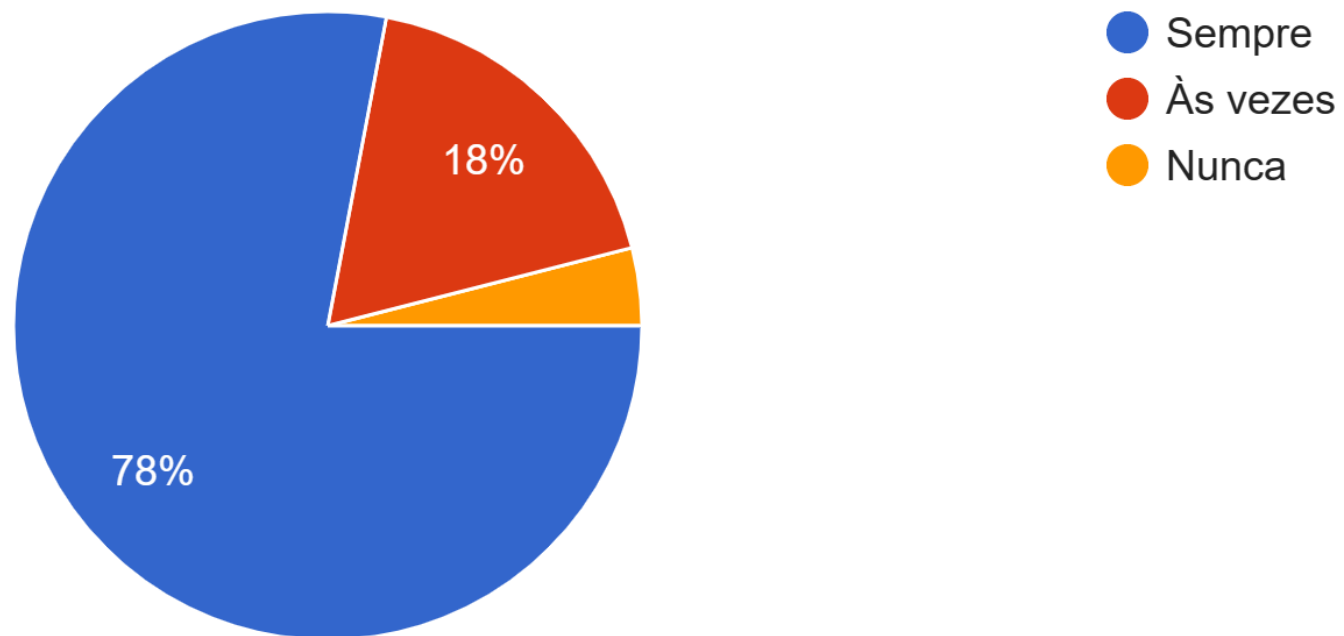
22. Regulates heating and air conditioning systems to optimal temperatures.

97 respostas



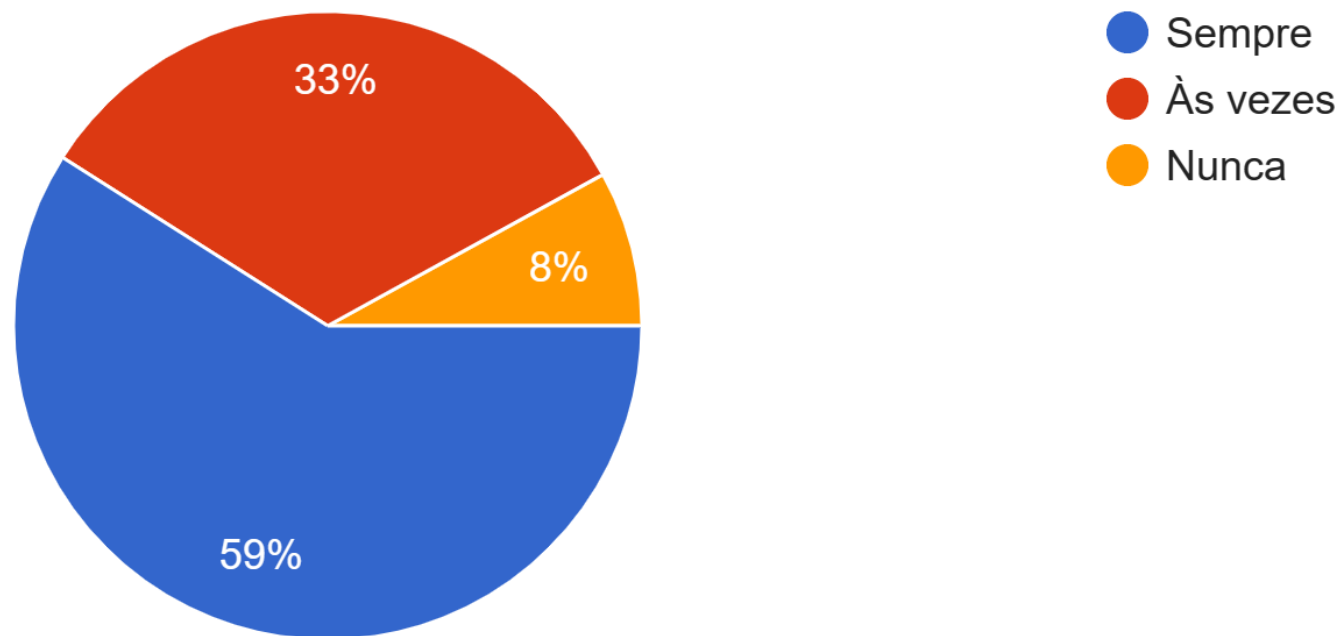
23. At home, choose to put LED bulbs instead of regular bulbs.

100 respostas



24. When you go to the supermarket, do you worry about making a shopping list?

100 respostas



25. Would you be willing to participate in a beach cleanup, forest cleanup, or similar initiative?

100 respostas

